

Winn-Dixie Supermarkets Chili Salsa Beef



Ingredient List

- 1 1/2 pounds beef for stew, cut in 1 1/4-inch pieces 1 tablespoon olive oil
- 1 cup prepared thick and chunky salsa
- 2 tablespoons packed brown sugar
- 1 tablespoon reduced sodium soy sauce
- 1 clove garlic, minced
- 1/3 cup chopped fresh cilantro
- 2 tablespoons fresh lime juice

Directions

- 1. Heat oil in Dutch oven over medium heat until hot. Brown beef in batches, pour off drippings. Return beef to pan.
- 2. Stir in salsa, sugar, soy sauce and garlic, bring to a boil. Reduce heat. Cover tightly and simmer 1 3/4 to 2 1/4 hours or until beef is fork-tender.
- 3. Stir in cilantro and lime juice. Serve over rice.

Servings: 4

Time: 2 1/2 hours